LISTING OF THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application. Claims 2-34 are in the case.

- 2. (Original) A method for weight control in a mammal, comprising administration of a composition comprising: Caffeine, Adrenergic Amine, Forskolin, Guggulsterone, Alpha-2 Receptor Antagonist, and Vinca Alkaloid.
- (Currently Amended) A method as in claim ½ 2 further comprising Black
 Pepper Extract.
- 4. (Currently Amended) A method as in claim 1 2 wherein said Adrenergic Amine is selected from the group consisting of Synephrine, Hordenine, Octopamine, Tyramine And N-Methyltyramine.
- 5. (Currently Amended) A method as in claim ½ wherein said Alpha-2 Receptor Antagonist is Yohimbine.
- 6. (Currently Amended) A method as in claim 1 2 wherein said Vinca Alkaloid is Vinpocetine.
- 7. (Currently Amended) A method as in claim ½ wherein said administration comprises a therapeutically effective dosage.
- (Original) A composition comprising Caffeine, Adrenergic Amine, Forskolin,
 Guggulsterone, Alpha-2 Receptor Antagonist, and Vinca Alkaloid.
- (Original) A composition as in claim 7 further comprising Black Pepper Extract.
- 10. (Original) A composition as in claim 7 wherein said Adrenergic Amine is selected from the group consisting of Synephrine, Hordenine, Octopamine, Tyramine And N-Methyltyramine.

- 11. (Original) A composition as in claim 7 wherein said Alpha-2 Receptor Antagonist is Yohimbine.
- 12. (Original) A composition as in claim 7 wherein said Vinca Alkaloid is Vinpocetine.
- 13. (Original) A composition as in claim 7 wherein said administration comprises a therapeutically effective dosage.
- 14. (Original) The composition of claim 7 formulated for enteral administration comprising said unit dosage form admixed with flavors and sweeteners.
- 15. (Original) The composition of claim 7 formulated for enteral administration comprising said unit dosage form contained in blended powder or one or more capsules.
- 16. (Original) A composition according to claim 7 wherein said composition is in the form of a powder, tablet, capsule, pill, liquid, food additive, candy, confection or nutrition bar.
- 17. (Original) A composition according to claim 15 wherein said powder is admixed with a liquid.
 - 18. (Original) The composition of claim 7 in a sustained release form.
- 19. (Original) An composition for enteral or parenteral administration comprising: 100 mg to about 500 mg by weight of Caffeine, 5 to 80 mg by weight of Adrenergic Amine, 5 mg to 100 mg by weight of Forskolin, 5 mg to 80 mg by weight of Guggulsterone, 5 mg to 50 mg by weight of Alpha-2 Receptor Antagonist, and 5 to 50 mg by weight of Vinca Alkaloid.
- 20. (Currently Amended) A method according to claim 4 2, wherein administering is performed on a daily basis.
 - 21. (Original) A method according to claim 19, wherein said daily

administration comprises at least two partial daily administrations of said composition.

- 22. (Currently Amended) A method according to claim + 2, wherein administering is performed following an exercise period.
- 23. (Currently Amended) A method according to claim 4 2, wherein the composition comprises an amount of from about 125 mg to about 1310 g per day.
- 24. (Currently Amended) A method according to claim 42, wherein the composition comprises an amount of about 270 mg to about 810 mg per day.
- 25. (Currently Amended) A method as in claim 12 wherein said administration comprises a single daily administration.
- 26. (Currently Amended) A method as in claim + 2 wherein said administration comprises partial daily administration, said partial daily administrations comprising at least one nutrient selected from the group comprising Caffeine, Adrenergic Amine, Forskolin, Guggulsterone, Alpha-2 Receptor Antagonist, and Vinca Alkaloid.
- 27. (Original) An composition consisting essentially of: 74.10% Caffeine, 7.41% Synephrine, 7.41% Forskolin, 7.41% Guggulsterones, 1.84% Yohimbine, and 1.84% Vinpocetine.
- 28. (Original) A composition according to claim 7 wherein said compound weights are adjusted according to predetermined factors.
- 29. (Original) A composition according to claim 27 wherein said predetermined factors include an individual's weight.
- 30. (Original) A composition according to claim 27 wherein said predetermined factors include an individual's exercise intensity.
- 31. (Original) A composition according to claim 27 wherein said predetermined factors include an individual's lean body mass.

- 32. (Original) A composition according to claim 27 wherein said predetermined factors include an individual's proportion of body fat to lean body mass.
- 33. (Original) A composition according to claim 27 wherein said predetermined factors include an individual's desire to increase energy.
- 34. (Original) A composition according to claim 27 wherein said predetermined factors include an individual's desire to increase stamina.